



# Quick Guide to Preparing a Federal Grant Proposal: How to Locate and Integrate Legitimate Evidence-Based Practices into a Grant Application

## What is an Evidence-Based Practice?

An evidence-based practice (EBP) is an intervention, model, or theory that has been proven through research and evaluation to be effective in multiple populations and different settings. Evidence-based practices have been through the rigor of research and are known to lead to desired results and long-term outcomes. Evidence-based practices can be found in many disciplines and across many interventions, and they signal to federal grant reviewers that your program rests on a solid foundation and their investment in your program with federal grant dollars will be sound.

## Why do I need to include an Evidence-Based Practice in my grant proposal?

- **It's a requirement!** In many federal grant solicitations, the funding agency specifically requires that you identify and explain why you have chosen a certain evidence-based practice for your project. Inclusion of an evidence-based practice is a common core component of the review criteria. Grant proposals without EBPs will likely lose points.
- **It proves you've done your research!** When you base your program around an evidence-based practice, it shows you have done your research on the intervention or program you are proposing. You know the landscape in this area, and you are choosing a model that will increase the likelihood of success towards the outcomes you hope to achieve.
- **It benefits you!** Building a program from scratch is difficult and often unnecessary. An evidence-based practice is the scaffold upon which you can build your program while allowing modifications for your specific population, geography, or intervention.

## Where can I find Evidence-Based Practices?

Different funders often provide guidance and databases for searching evidence-based practices. Other EBPs may be found based on the discipline, program area, or other aspect of your project. Professional associations may also publish evidence-based practices based on research conducted by the association in key topic areas. In the following table, Nevada GrantLab provides links to key agency-related evidence-based practices.



### Agency-Related Evidence-Based Practices

Agency	Resource	Topics Covered	
SAMHSA	<a href="#">Evidence-Based Practices Resource Center</a>	<ul style="list-style-type: none"> <li>Substance Use</li> <li>Mental Disorders</li> <li>Substance Use Prevention</li> </ul>	<ul style="list-style-type: none"> <li>Educational Resources</li> <li>Substance Use Recovery</li> <li>Telehealth</li> </ul>
Department of Education	<a href="#">What Works Clearinghouse</a>	<ul style="list-style-type: none"> <li>Literacy</li> <li>Mathematics</li> <li>Science</li> <li>Behavior</li> <li>Children and Youth with Disabilities</li> <li>English Learners</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Excellence</li> <li>Charter Schools</li> <li>Early Childhood</li> <li>K-12</li> <li>Path to Graduation</li> <li>Postsecondary</li> </ul>
HRSA (Health Resources and Services Administration)	<a href="#">Health Center Resource Clearinghouse</a>	<ul style="list-style-type: none"> <li>Clinical Issues (various)</li> <li>Emerging Issues (COVID)</li> <li>Telehealth</li> <li>Value Based Care</li> </ul>	<ul style="list-style-type: none"> <li>Social Determinants of Health</li> <li>Workforce</li> <li>Promising Practices</li> <li>Health IT</li> </ul>
Department of Justice	<a href="#">Evidence Based Practices</a>	<ul style="list-style-type: none"> <li>Juvenile Justice</li> <li>Culturally Relevant Interventions</li> <li>Risk Assessments</li> </ul>	<ul style="list-style-type: none"> <li>Motivational Interviewing</li> <li>Reducing Recidivism</li> <li>Community Supervision</li> </ul>
Department of Transportation	<a href="#">Evidence Based Practices and Strategies</a>	<ul style="list-style-type: none"> <li>Build Environments</li> <li>Distracted Driving</li> <li>Safety Laws</li> <li>Public Transportation</li> <li>Impaired Driving</li> <li>Roadway Safety</li> </ul>	<ul style="list-style-type: none"> <li>Seat Belt Laws</li> <li>Helmet Laws</li> <li>Transportation and Health Planning</li> <li>Ride Sharing</li> <li>Pedestrian Infrastructure</li> </ul>
Centers for Medicare and Medicaid Services	<a href="#">Quality Improvement and Interventions</a>	<ul style="list-style-type: none"> <li>Screening Tools</li> <li>Chronic Care</li> <li>Chronic Kidney Disease Disparities</li> <li>Diabetes Prevention Programs</li> </ul>	<ul style="list-style-type: none"> <li>Health Disparities</li> <li>Organizational Management</li> <li>Language Access Plans</li> <li>Readmissions</li> </ul>
Housing and Urban Development	<a href="#">Best Practices</a>	<ul style="list-style-type: none"> <li>Community Engagement</li> <li>Innovative Partnerships</li> <li>Job Training Readiness</li> </ul>	<ul style="list-style-type: none"> <li>Resident Engagement</li> <li>Health/Wellness</li> <li>Section 3</li> </ul>
Department of Labor	<a href="#">Evidence Hub</a>	<ul style="list-style-type: none"> <li>Annual evaluation plans on evidence-based practices in key areas</li> </ul>	