



Quick Guide to Preparing a Federal Grant Proposal: How to Locate and Integrate Legitimate Evidence-Based Practices into a Grant Application

What is an Evidence-Based Practice?

An evidence-based practice (EBP) is an intervention, model, or theory that has been proven through research and evaluation to be effective in multiple populations and different settings. Evidence-based practices have been through the rigor of research and are known to lead to desired results and long-term outcomes. Evidence-based practices can be found in many disciplines and across many interventions, and they signal to federal grant reviewers that your program rests on a solid foundation and their investment in your program with federal grant dollars will be sound.

Why do I need to include an Evidence-Based Practice in my grant proposal?

- **It's a requirement!** In many federal grant solicitations, the funding agency specifically requires that you identify and explain why you have chosen a certain evidence-based practice for your project. Inclusion of an evidence-based practice is a common core component of the review criteria. Grant proposals without EBPs will likely lose points.
- **It proves you've done your research!** When you base your program around an evidence-based practice, it shows you have done your research on the intervention or program you are proposing. You know the landscape in this area, and you are choosing a model that will increase the likelihood of success towards the outcomes you hope to achieve.
- **It benefits you!** Building a program from scratch is difficult and often unnecessary. An evidence-based practice is the scaffold upon which you can build your program while allowing modifications for your specific population, geography, or intervention.

Where can I find Evidence-Based Practices?

Different funders often provide guidance and databases for searching evidence-based practices. Other EBPs may be found based on the discipline, program area, or other aspect of your project. Professional associations may also publish evidence-based practices based on research conducted by the association in key topic areas. In the following table, Nevada GrantLab provides links to key agency-related evidence-based practices.



Agency-Related Evidence-Based Practices

Agency	Resource	Topics Covered	
SAMHSA	Evidence-Based Practices Resource Center	<ul style="list-style-type: none"> Substance Use Mental Disorders Substance Use Prevention 	<ul style="list-style-type: none"> Educational Resources Substance Use Recovery Telehealth
Department of Education	What Works Clearinghouse	<ul style="list-style-type: none"> Literacy Mathematics Science Behavior Children and Youth with Disabilities English Learners 	<ul style="list-style-type: none"> Teacher Excellence Charter Schools Early Childhood K-12 Path to Graduation Postsecondary
HRSA (Health Resources and Services Administration)	Health Center Resource Clearinghouse	<ul style="list-style-type: none"> Clinical Issues (various) Emerging Issues (COVID) Telehealth Value Based Care 	<ul style="list-style-type: none"> Social Determinants of Health Workforce Promising Practices Health IT
Department of Justice	Evidence Based Practices	<ul style="list-style-type: none"> Juvenile Justice Culturally Relevant Interventions Risk Assessments 	<ul style="list-style-type: none"> Motivational Interviewing Reducing Recidivism Community Supervision
Department of Transportation	Evidence Based Practices and Strategies	<ul style="list-style-type: none"> Build Environments Distracted Driving Safety Laws Public Transportation Impaired Driving Roadway Safety 	<ul style="list-style-type: none"> Seat Belt Laws Helmet Laws Transportation and Health Planning Ride Sharing Pedestrian Infrastructure
Centers for Medicare and Medicaid Services	Quality Improvement and Interventions	<ul style="list-style-type: none"> Screening Tools Chronic Care Chronic Kidney Disease Disparities Diabetes Prevention Programs 	<ul style="list-style-type: none"> Health Disparities Organizational Management Language Access Plans Readmissions
Housing and Urban Development	Best Practices	<ul style="list-style-type: none"> Community Engagement Innovative Partnerships Job Training Readiness 	<ul style="list-style-type: none"> Resident Engagement Health/Wellness Section 3
Department of Labor	Evidence Hub	<ul style="list-style-type: none"> Annual evaluation plans on evidence-based practices in key areas 	